



**City of Victoria
Parks and
Recreation
Brochure**

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Victoria Recreation Center

8475 Kochia Lane, Victoria (952)443-4255

Monday - Friday 5:30am to 10:00pm

Saturday and Sunday 6:00am-10pm

Closed :Easter Sunday, April 4th

Yearly Memberships

Daily Fees

Monthly Memberships

<u>Res.</u>		<u>Non-Res.</u>	<u>Res.</u>		<u>Non-Res</u>	<u>Res.</u>		<u>Non-Res.</u>
Single Adult	\$192.00	\$267.00	Adult	\$6.00	\$9.00	Single Adult	\$25.00	\$32.00
Single Senior (60 +)	\$107.00	\$160.00	Youth	\$3.00	\$5.00	Family	\$35.00	\$45.00
Single Youth (5-18)	\$107.00	\$160.00	Senior	\$3.00	\$5.00	Single 60+/Youth (ages 5-18)	\$15.00	\$20.00
Family	\$320.00	\$448.00	Family	\$10.00	\$15.00	Cash or check only		
(tax will be added when purchased)			(tax is included)			(tax will be added when purchased)		

Single Membership Packages

Bronze Single Membership

Includes scheduled childcare

Resident - \$267.00 + tax

Non-resident - \$342.00 + tax

Gold Single Membership

Includes fitness classes

Resident - \$287.00 + tax

Non-Resident - \$362.00 + tax

Platinum Single Membership

Includes fitness classes and scheduled childcare

Resident - \$332.00 + tax

Non-Resident - \$407.00 + tax

Family Membership Packages

Bronze Family Membership

Includes scheduled child care

Resident - \$395.00 + tax

Non-resident - \$523.00 + tax

Gold Family Membership

Includes fitness classes

Resident - \$415.00 + tax

Non-Resident - \$543.00 + tax

Platinum Family Membership

Includes fitness classes and scheduled childcare

Resident - \$460.00 + tax

Non-Resident - \$588.00 + tax

Special Membership Packages

6 Month Senior Membership (60+)

Resident - \$75.00 + tax

Non-resident - \$105.00 + tax

3 Month Student Membership

Resident - \$45.00 + tax

Non-Resident - \$60.00 + tax



Blue Cross Blue Shield and Ucare Membership Discounts

For questions about memberships please contact Doc Schmieg at (952)443-4255 Monday-Friday 10am-5pm.

MEMBERSHIP OPTIONS

Developmental Ice Times

Begin September 1-April 30

Times: TBD

Dates: TBD

\$5 per person

(not included in memberships)

*Helmet with face mask is required

Open Gym

7:00 pm - 8:00 pm

Monday - Friday

8:00 pm-10:00pm Wednesdays (Adults)
and Sundays (Families)

Daily fee or FREE to members

Gym users must be supervised if under
the age of 10 years old.

*The gym is FREE to residents on Tues.

Child Care

9:00 am - 11:00 am

Monday, Wednesday, Friday

Punch Card/Daily Fee or included in
some memberships (see below)

For children six months and up

Child Care Costs

Member Daily Fee	\$4/visit
Member Punch Card	\$35/10 punches
Non-Mem. Daily Fee	\$6/visit
Non-Mem. Punch Card	\$55/10 punches

Open Skate Times

Begin September 1-April 30

10:45-11:45am

Every day but Wednesdays

Free to members or the cost of a daily
pass.

No open skate on January 1, and 16

Walking/Running Track

The track is open during Field House
hours and is FREE to everyone. Users
must be 10 years of age or older to use
the track without an adult

Locker Rental

\$40 per year (plus tax)

Please provide your own lock

Inquire at the front desk

Youth Weight Training

Ages 13 & 14 can be in the fitness
center with adult supervision and a
signed waiver. Wrist bands are
required and can be picked up at the
front desk. Ages 15 and up can work
out without adult supervision with a
signed waiver.

Fitness Class Costs

Member Daily Fee	\$4/class
Member Punch Card	\$35/10 punches
Resident Daily Fee	\$5/class
Resident Punch Card	\$45/10 punches
Non-Res. Daily Fee	\$6/Class
Non-Res. Punch Card	\$55/10 punches

Nintendo Wii

The Victoria Recreation Center has Nintendo
Wii for everyone to use! Come on in and try it
out. There are a selection of games to keep
you entertained for hours and it only costs \$1
per day, so ask about the Wii at the Recreation
Center Front Desk.

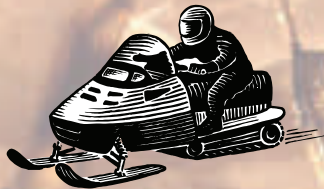
For program cancellations or
Warming House closings
please call the City of
Victoria's Weather line at
(952)443-4260.

Winter Information

Snowmobiles in Victoria

In 2008, an ordinance was adopted by the City Council prohibiting snowmobile operation in the Central Business District in Victoria. No person shall operate a snowmobile on any street, roadway or alley within the city at a speed in excess of 15 miles per hour, except that no snowmobile may be operated on the Victoria Drive between Stieger Lake Lane and Arboretum Blvd, or any street in the Central Business District of Victoria. If you have any questions, please contact the City of Victoria at (952)443-4210.

Snowmobile operation is prohibited on the LRT Trail leading into Victoria. The Hennepin County Regional Railroad Authority (HCRRA) owns these corridors and has established a policy banning snowmobiles on the trail. If you have any questions contact the HCRRA at (612)348-9260.



Looking for Garden Enthusiasts

The City of Victoria is seeking residents that are interested in creating a Community Gardens program or participating in a Gardening Club. The Parks and Recreation Department is looking for people who are interested in starting a grass roots effort to bring gardens to the community.

For those who are interested please attend the community meeting to receive more information. The meeting will be held January 19 at 6:30 pm located at the Victoria Recreation Center.



Watch Out for Snowplows

The City of Victoria makes the safety of everyone a top priority during the winter months. Treacherous weather can make for poor road conditions, but our dedicated Public Works employees work hard to make Victoria roads safe. Please follow these rules for safety:

- **Do not try and pass or crowd a snow plow**
- **Plowing begins after 2 inches or more of snowfall**
- **Shovel to the right of the driveway, for easier plowing and better snow placement**
- **During most snow events , plows will make two passes on the streets to clean the entire width. Snow will be deposited at the end of driveways so residents may want to wait to shovel until the streets are completely cleaned.**
- **Residential sidewalks should be cleared within 24 hours after snow event**
- **Snow plowing is located on the City website**

Skating Rink and Warming House at Lions Park

Weather permitting, the rink and warming house will be open mid-December through February.



Warming House Hours:

Monday-Friday	4:00pm-8:00pm
Saturdays	2:00pm-8:00pm
Sundays	12:00pm-7:00pm

Special Non-School Day Hours:

December 28-January 1, January 18 and January 29	1:00pm-8:00pm
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Please call the weather line for Warming House closings due to inclement weather at (952)443-4260.

Wanted!
Recreation Program
Instructors



Victoria Parks and Recreation is looking for individuals to teach Adult and Youth Enrichment classes. The primary qualifications are thorough knowledge of specific subject matter, good communication skills, a belief in learning for life and an interest in working with people. If you are interested in a rewarding and challenging opportunity contact:

Victoria Recreation Center
8475 Kochia Lane
Victoria, MN 55386
952-443-4255
hkaufhold@ci.victoria.mn.us

Victoria Recreation
Center is Hiring Fitness
Instructors



Part-time fitness instructor position is available starting Spring 2010. Previous experience is required. The Victoria Recreation Center is looking to offer a wider variety of classes to our members and residents. If you are interested please e-mail hkaufhold@ci.victoria.mn.us or call (952)443-4255.

Parks and Recreation Mailing
List *NEW*

City of Victoria Parks and Recreation is now sending out periodic updates about recreation programs. This includes upcoming programs as well as new programs. If you are interested in receiving these updates please register at http://www.ci.victoria.mn.us/park_rec_parks_contact.php

Summer Playground Staff



Part-time positions are available Monday-Friday. Hours vary, and the position will receive 25-35 hours per week. Responsible for providing leadership and direction to youth ages 5-11 in an outdoor recreation setting. Background in childcare/Elementary Education or Parks and Recreation is helpful. Position opens beginning March 15th, 2010.

Wednesday Night Men's League

Put a team together for Victoria's Men's summer softball league. The registration fee is \$350 per team for the season. Fees include ASA umpires, balls and sanction fees. The season is 12 weeks long and there are options for top team(s) to go to post-season tournaments. Call Holly at (952)443-4255 for more information.



Victoria Fire Department
Relief Association's
23rd Annual
Ice Fishing Contest

February 7, 2010
Stieger Lake 12:30 to 2:30 p.m.

Lots of Biggest Fish Prizes!

Tons of Raffle Prizes!

Pre-drilled holes!

Hot Food! Hot and Cold Drinks!



PARK AND RECREATION INFO.

Video Production 101

The Lake Minnetonka Communication Commission, Victoria's local public access provider offers **FREE** television production classes at their studio in Spring Park. The classes include:

Studio Production Basics: Participants are taught how to use a wide variety of portable video equipment including cambers, mixers, microphones and more. They get an opportunity to participate in a real studio production and they get to edit their production. After completing this class you become a certified producer and can check out equipment, sign up to use the studio and a variety of edit bays.

Digital Video Production: Participants will learn how to use the studios mini DV cambers and be introduced to the Final Cut Pro Non-Linear editing system. On this system participants will learn how to digitize video, create a timeline program, add transitions, graphics music and more!

Van Production: Participants will learn how to use the studios digital cameras, audio mixers and a graphics generator to create a program remotely. Participants will be able to practice these skills and go out to an actual shoot production on location. This class is available to groups of 5 or more.



This opportunity is made possible through a partnership between the Lake Minnetonka Communication Commission and the City of Victoria.



Date: Wednesdays
Time: 6:30-8:30 p.m.
Location: LMCC Studios
4071 Sunset Drive
Spring Park, MN 55384

For more information
and to register contact:
Chris Vogt
Phone: 952-471-7125
Fax: 952-471-9151
E-mail: chris@lmcc-tv.org

Or visit LMCC website:
www.lmcc-tv.org



Keep an Eye Out for these Summer Programs

T-Ball
Coach Pitch
Kids Klub
Lions Playground
Golf Program
Early Education Summer Camps
Tennis Camps
Basketball Camps
Soccer Camps



Learn to Skate

Offers skill progressions designed to enhance the capabilities of each skater. Our focus will be to have fun while learning skating skills. It is not uncommon for a student to repeat a level before mastering all of the skills learned in each class level. *Protective Head Gear is required for all participants (bike helmets will work)*

Snow Plow Sam (4 and 5 years old) -

9:30 am-10:00am

This is for beginner skaters and will familiarize them with the feeling of being on skates. Gain confidence on the ice by learning to stand, fall and move on ice. If you are a little more advanced you will be introduced gliding, stopping, and dipping. Code: 2010.100

Basic Skills (6 and older) -

10:00- 10:30am

For beginner skaters this will familiarize them the feeling of being on skates. Gain confidence on the ice by learning to stand, fall and move. If you are more advanced, you will learn more advanced skills. Code: 2010.101

Saturdays, January 23-February 20
Victoria Recreation Center Ice Arena
\$50 per person
There will be a maximum of 20 kids per session

Babysitting Course

This American Health & Safety Institute accredited program stresses the priority to keep you and the children you care for safe. Boys and girls ages 11+ learn basic skill training and information that is necessary in caring for infants and children. This program will teach the importance of responsibility, recognizing an emergency, emergency action steps, personal safety, fire safety, water safety, infant/child care, and also, responding to an unconscious victim, basic first aid and choking management. Upon successful completion, participants will earn the American Health & Safety Institute Child and Babysitting Safety certification card.

Saturday, February 6th
8:00am-1:00pm
Victoria Recreation Center

\$32 per person
Please bring a lunch
Code: 2010.105



Baseball Skills and Drills

Join friends in learning and practicing the basics of baseball. This three week clinic focuses on skill development including batting, throwing and fielding. This is a co-ed class where all participants receive a t-shirt. Bring your gloves and wear tennis shoes.

Saturdays, February 20, March 6 and March 13
Victoria Recreation Center Gymnasium

5-7 year olds
10:00 am-11:30 am
\$40 per person
Code: 2010.102

8-10 year olds
11:30 am-1:00 pm
\$40 per person
Code: 2010.103

11-13 year olds
1:30 pm-3:00 pm
\$60 per person →
Code: 2010.104



11-13 year olds will learn more advanced skills and techniques with more individual attention.

Victoria Park and Recreation Needs your Help!
Don't miss your opportunity to sponsor recreation in the City of Victoria. Donations are necessary in order to offer quality programs to the community. Your money will be put towards keeping program costs lower for participants. They will also go towards Concerts in the Park. If you are interested in donating please contact Holly Kaufhold or Ann Mahnke at (952)443-4255.

Camp Tamarack ***Explore the Seasons***

Do you think camp is just for summer time, think again! Join *Willow Educational Resources* in this unique environmental preschool class. Budding naturalists will discover science around them first hand and hands-on.

Session #1 (Jan Brett Classics) 2010.111

January 25 - "The Three Snowbears"

February 1 - "The Mitten and the Hat"

February 8 - "The Gingerbread Baby"

Session #2 (World Habitats) 2010.112

March 8 - African Plains

March 15 - Rainforest/Endangered

Species

March 22 - Desert Wildlife

Session #3 (New Beginnings) 2010.113

April 5 - What's Growing From This Seed?

April 12 - What's Hatching From This Egg?

April 19 - What's Being Born In This Barn?

Mondays \$54 per session

1:00pm-3:00pm Maximum: 8 Kids

3-5 yrs. by Sept. 2009 & potty trained.

Victoria Recreation Center

Acorns to Oaks

Preschool

There are two openings in the *Acorns to Oaks* preschool afternoon (12:30pm-3:00pm) program. Your child must be 4 years by 9/09. Program runs Tuesdays, Wednesdays (@Willow Learning Lab), and Thursdays

Trimester #2 Dec. 6-February 25

Trimester #3 March 9-May20

Cost: One time \$55 registration fee, \$540 per trimester. Please call the Recreation Center if you are interested.

Summer Program Open House for Early Education

Please join Victoria Parks and Recreation as well as Willow Educational Resources at our summer program open house. You will get a chance to talk to the instructors of the summer programs, and find out what the program is about.

Tuesday, January 19 from 4:00pm-6:00pm. Please call with questions, (952)443-4255.

Pee wee Sports Skills

Join your friends for a Friday afternoon of fun. In each class we will introduce you to a sport through fundamental skills, learning games and useful information. Come prepared for some high-spirited and active play! Bring a water bottle and dress for both indoor and outdoor weather. Please wear tennis shoes.

Session #1 Code: 2010.114

January 8 - Basketball

January 15 - Floor Hockey

January 22 - Creative Movement/Circle Games

Session #2 Code: 2010.115

February 12 - Volleyball/Court Games

February 19 - Indoor & Scooter Soccer

February 26 - Balls/Ropes/Hoops

Session #3 Code: 2010.116

April 9 - Dodgeball/Kickball

April 16 - Parachute and Ribbon Play

April 30 - T-ball/Baseball

Fridays \$36 per session

12:30-1:45pm Maximum: 8 Kids

3-5 yrs. by Sept. 2009 & potty trained.

Victoria Recreation Center



Meet Cassie:

Cassie is the summer Playground Leader for the City of Victoria. She has worked with many of your children and would like to continue to bring them exciting recreation programs throughout the winter.

Snow Day

Do something fun on your day off school, by bundling up at the Victoria Rec. Center with friends. The children will be playing seasonal games to stay warm, making a snowy craft and a delicious snack. Children will be able to enjoy the snow while burning some energy outside. Make sure to bring warm winter clothes.

Monday 4-7 years old 9:00am-12:00pm
January 18 Code: 2010.117
\$14/person 8-12 year old 12:30pm-3:30pm
Code: 2010.118

Victoria Recreation Center
Minimum: 5 children per age group



FUN WITH CASSIE

XOXO

“That’s Amore!” Love is in the air this Valentine’s weekend. Join Cassie and friends for some heart shaped arts and crafts along with fun seasonal games. There will also be a delicious snack made with love.

Saturday 4-7 year olds 9:00am-12:00pm
February 13 Code: 2010.119
\$14 per person 8-12 year olds 12:30pm-3:30pm
Code: 2010.120

Victoria Recreation Center
Minimum: 5 children per age group



Lucky Leprechauns

It’s the Luck of the Irish this St. Patrick’s Day that will bring you to the Victoria Recreation Center. Here you will dance an Irish jig, join in games that the Irish play and make crafts that the Irish make in their country. You will have a pot of gold full of fun!

Saturday 4-7 years old 9:00am-12:00pm
March 13 Code: 2010.121
\$14 per person 8-12 year olds 12:30pm-3:30 pm
Code: 2010.122

Victoria Recreation Center
Minimum: 5 children per age group



FITNESS CLASSES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15 am			Cardio Power			
9:00 am						Power Pilates Mat
9:15 am	Body Sculpt*		Boot Camp*		Cardio Crazy*	
6:30 pm		Power Pilates Mat				

Classes are offered January 4-April 2, 2010

Please make sure to check in at the Front Desk before class. See page 3 for the cost of fitness /childcare prices

* Child Care is available during these classes

Power Pilates Mat: Stretching all of your muscles, with particular attention paid to the core muscles and the result is not only a great workout for your daily activities, it is also great for preconditioning for any sport. This class works every muscle and joint in your body. It includes work with dumbbells and body bars, the Pilates method, traditional floor exercises, and “Swiss Balance Ball” work. It is for men and women of all ages. Instructor: Linda

Cardio Power: For people who want to have fun and exercise at the same time. Participants will do low impact aerobics combined with resistance work using dumbbells and dowels, or light weight body bars. If you want to improve your overall health and simply feel good all over; then this is the class for you! Instructor: Linda

Cardio Crazy: Love getting a tough workout? Then you better come to this class! You will be challenged by non-stop intervals of cardio and strength training. Be sure to bring your energy. Instructor: Mandy

Boot Camp: An easy, yet challenging workout with athletic based cardio/strength training exercises to give you a total body workout. This class will keep you coming back for more. Instructor: Mandy

Body Sculpt: Strength training and conditioning at its best. This multi-level class utilizes upper and lower body muscle groups while using free weights and resistance bands. Class ends with abdominal and lower back work. Instructor: Mandy



Enhanced Fitness®

You can recognize an EnhancedFitness® class by the relaxed atmosphere and the laughter in the room. Participants work at their own pace and receive personal attention from a trained instructor. EnhancedFitness® focuses on stretching, flexibility, balance and low impact aerobics (seated if needed) for cardiovascular heart, and strength training exercise.

Join us to see why EnhancedFitness® is the premier fitness choice among older adults. (Seniors who have UCare can attend at no charge, but must pre-register for the whole session) Pre-registration is required for all participants who attend. Instructor: Linda Matthias

Mondays and Thursdays

January 4-March 22

8:00 am-9:00am

\$69 per session

Victoria Recreation Center

Minimum: 5 participants

Code: 2010.106

Enhanced Fitness is not included in membership packages.

Tae Kwon Do

Participants of all ages can benefit from this traditional martial art. A great class for parent and child. You need no previous athletic experience. Our class offers students a well rounded training program to develop mind, body, and spirit.

Along with the physical and mental benefits of training, students will learn effective self-defense techniques, develop self-confidence, discipline, fitness, and total health. Periodic testing is available for those students wishing to “advance through the belts” to earn their “Black Belt”. Wear comfortable clothing.

Uniform and gear can be purchased through the instructor. The instructor is a 2nd degree Black Belt and is a “Certified Instructor” by the WMAC.

Thursday

6:30pm-7:30pm

Victoria Rec. Center-Fitness Center

For all ages

\$49 per person

Everyday Yoga

A classic yoga experience that emphasizes body aligning movements and mindful relaxation. Through awareness of stretching, strengthening, breathing, meditation and diet, students bring a healthy vitality to their joints, muscles and organs and develop peace of mind. This is a fun and rejuvenating class that will change your life. Instructor: Jennifer Bishop

Please bring a yoga mat to class and a large towel/throw blanket

Thursdays

6:00-7:00pm

\$50 per session

Victoria Recreation Center

Minimum: 5 participants

Yoga is not included in membership packages.

Session #1: January 7- February 11 Code: 2010.107	Session #2: February 25- April 8 (No program 4/1) Code: 2010.108
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Winter Session

January 7-February 18

Code: 2009.109

Winter Session II

February 25-April 8

Code: 2010.110



**Victoria Resident
Victoria, MN 55386**

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dard US Postage
Paid Victoria,
MN Permit No.
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Parks and Recreation Registration Form

City of Victoria Parks and Recreation
8475 Kochia Lane
Victoria, MN 55386
www.ci.victoria.mn.us

Make checks payable to the City of Victoria

PARTICIPANT First & Last Name	M/F	AGE	BIRTHDATE	PROGRAM NAME	PROGRAM CODE	FEE

Adult Participant or Parent/Guardian of Minor Participant _____
First & Last Name

Address _____
Street City Zip code

Home Phone(_____) **Alternate Phone** (_____) _____

Email _____

Special needs or requirements? _____

Refund Policy: A full refund will be given if an activity is canceled by the Parks and Recreation Department. A \$ 5.00 service fee will be charged for cancellations requested by individuals prior to the registration deadline. No refunds will be made on or after the event or program start date.

As lawful consideration for being permitted to use the City of Victoria Parks and Recreation services and facilities, I on my own behalf, and on behalf of any minor children or whom he or she is legally responsible, hereby assumes the risk of any liability resulting from such use, and agrees that the City of Victoria and any and all of its agents, employees, elected officials, and volunteers (collectively "the City") shall be held harmless and exempt from liability for any injury or disability which the participant(s) listed above might incur as the result of participation in the use of services and facilities of the City of Victoria, due to the passive or active negligence of the City. This release of liability of the City does not include any injuries that the participant(s) may incur as the result of willful, wanton or intentional misconduct by the City. I also understand that occasionally, photographs may be taken during program participation for publication. By signing below, I verify I have read, understood, and agree to the terms of this Release.

Adult Participant or Parent/Guardian Signature _____ **Date** _____

Victoria Parks & Recreation does not send registration confirmation, you are registered unless notified otherwise.