



CITY OF VICTORIA

SENIOR RESOURCE GUIDE

A Guide to Help Residents Maintain
the Highest Quality of Life Possible



GENERAL INFORMATION

For emergency help call 9-1-1

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|------------------------------------------------------------------------------|--------------|
| City of Victoria | 952-443-4210 |
| AARP | 888-687-2277 |
| Alzheimer's Association..... | 800-272-3900 |
| Alzheimer's Foundation of America Helpline | 866-232-8484 |
| Community Action Partnership of Scott, Carver and Dakota Counties (CAP)..... | 952-496-2125 |
| Carver County Main Line | 952-361-1500 |
| Carver County Park System | 952-466-5250 |
| Carver County Health & Human Services | 952-361-1600 |
| Carver County Public Health & Office of Aging..... | 952-361-1329 |
| Carver County Sheriff Non-Emergency Line | 952-361-1231 |
| Carver County Veteran Services | 952-442-2323 |
| Disability Hub MN | 866-333-2466 |
| Elder Care Locator | 800-677-1116 |
| Equal Rights Center | 866-549-0009 |
| Institute on Aging Friendship Line | 800-971-0016 |
| Minnesota Department of Health | 888-345-0823 |
| Minnesota Department of Human Services | 651-431-2000 |
| Minnesota Department of Veterans Affairs | 651-296-2562 |
| Medicaid | 800-633-4227 |
| Mental Health Crisis Line (24 Hours) | 952-442-7601 |
| Poison Control | 800-222-1222 |
| Senior LinkAge Line® | 800-333-2433 |
| Social Security Administration..... | 800-772-1213 |
| Veterans Linkage Line™ | 888-546-5838 |
| Victoria Post Office | 952-443-2662 |
| Victoria Recreation Center | 952-443-4255 |

Dear Friends:

Welcome to the Answers on Aging *Senior Resource Guide* from the City of Victoria, Minnesota.

The City of Victoria strives to provide exceptional services to all residents. As the U.S. Census Bureau predicts that by 2030, one in five people will be age 65 and older and by 2050 the total population of people age 85 or older will increase by more than 200 percent, we understand the need to work collectively to meet the emerging needs of our aging residents.

Therefore, the City and Senior Advisory Committee is pleased to provide this directory as a service to the community. Many programs and services were identified to assist you in locating state, regional and local resources that address specific areas of need for senior citizens, their families and caregivers.

We hope you find this guide to be a valuable resource. Please keep this Senior Resource Guide in a convenient place, refer to it often for assistance and share it with family and friends. Working together sharing information and resources strengthens our community. If you need more information, please contact the Minnesota Senior LinkAge Line®, your one-stop-shop for information, resources and assistance at 800-333-2433.

Sincerely,



Mayor Debra McMillan

The City of Victoria does not endorse any agency or service listed in the directory. This is not a complete listing of agencies that may offer senior services. Information is verified up to the date the resource guide was placed on the website. Revisions are made periodically but information may be outdated or change at any time after posting.

RESOURCE DIRECTORY

For additional resources, please call the Minnesota Senior LinkAge Line® at +1 800-333-2433.

CAREGIVER SUPPORT

CARENEXTION

952-541-1019

Powered by Senior Community Services, www.carenextion.org supports families and caregivers of elderly and/or disabled loved ones by managing care coordination. This includes sharing caregiving tasks, managing schedules and easy communication tools.

Website: <https://carenextion.org/>

ELDERCARE LOCATOR

+1800-677-1116

Eldercare Locator is a public service provided by the Administration on Aging (AoA), an agency of the U.S. Administration for Community Living. The Eldercare Locator is a nationwide service that connects older Americans and their caregivers with trustworthy local support resources.

Website: www.eldercare.acl.gov

ENCORE: ADULT DAY SERVICES PROGRAM

952-442-7660

Encore is a licensed adult day services program that provides services designed to meet the needs of adults who are in need of assistance, support, and monitoring. It provides respite and a community support group for care providers.

Address: 609 W. First St. Waconia, MN 55387

MINNESOTA ADULT ABUSE REPORTING CENTER (MAARC)

+1844-880-1574

All vulnerable adult reports of maltreatment should be made to the Minnesota Adult Abuse Reporting Center (MAARC). MAARC provides a toll-free number, (844) 880-1574, the general public can call to report suspected maltreatment of vulnerable adults.

Website: www.mn.gov/dhs/people-we-serve/adults/services/adult-protection

FINANCIAL

COMMUNITY ACTION PARTNERSHIP (CAP)

952-496-2125

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) assist with payment of energy bills, facilitates the repair or replacement of homeowners malfunctioning heating system and helps navigate the process of applying for financial assistance to prevent eviction.

Website: www.capagency.org

Explore a wealth of information about retirement topics such as employer-sponsored plans, managing lifetime income, avoiding retirement fraud and understanding senior specialists' designations. Use Investor.gov's 401(k) and IRA Required Minimum Distribution Calculator to determine how much you are required by IRS regulations to withdraw from your retirement fund at various ages.

Website: www.investor.gov

SENIOR LINKAGE LINE® — MEDICARE SUPPORT

+1800-333-2433

Understanding Medicare can sometimes be complicated. If you need fair and unbiased help, you can call Minnesota's Senior LinkAge Line® at 1-800-333-2433. They can help you compare plans so you can choose the one that best fits your needs.

Website: www.mn.gov/senior-linkage-line

SOCIAL SECURITY

+1800-772-1213

Learn more about Social Security and manage your benefits only through the Social Security webpage.

Website: www.ssa.gov

HEALTH, WELLNESS & NUTRITION

AARP – HEALTH CENTER

+1888-687-2277

AARP offers a variety of resources related to health including; healthy living, Medicare resource centers, health insurance, dementia and food and nutrition.

Website: www.aarp.org/health/

AARP – MEDICARE RESOURCE CENTER

+1888-687-2277

Within the AARP Health Center webpage, AARP includes a Medicare Resource Center for information on eligibility and enrollment, Medicare management and common Q&A.

Website: www.aarp.org/health/medicare-insurance/

ALZHEIMER'S FOUNDATION OF AMERICA

+1866-232-8484

Alzheimer's Foundation of America (AFA) is to provide support, services and education to individuals, families and caregivers affected by Alzheimer's disease and related dementias.

Website: www.alzfdn.org/

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) hosts senior dining services Monday through Friday at 11:30 a.m. unless otherwise noted. Reservations are required. To make the required three-day advance meal reservation, please call the site at its listed phone number.

Chanhassen City Hall – Chanhassen

7700 Market Boulevard

Chanhassen, MN 55317

(952) 227-1127

HOME DELIVERED MEALS ALSO AVAILABLE

Talheim Apartments – Chaska

407 Oak Street North

Chaska, MN 55318

(952) 361-5072

Meals served at 11:15 a.m.

HOME DELIVERED MEALS ALSO AVAILABLE

Waconia Legion – Waconia

233 Olive Street

Waconia, MN 55387

(952) 442-5478

HOME DELIVERED MEALS ONLY

Website: www.capagency.org

FARE FOR ALL

763-450-3880

Fare For All is The Food Group's cooperative purchasing program that offers affordable groceries and packages of produce and meat for discount prices.

Website: www.fareforall.thefoodgroupmn.org/

GOPHER GROCERY ASSISTANCE

612-301-3663

Over-the-phone assistance and step-by-step guides for those learning how to order groceries online. Call 612-626-3663 for phone assistance. This service is provided by the University of Minnesota's Medical Reserve Corps.

Website: www.healthemergencyresponse.umn.edu/gophergrocery

INSTITUTE ON AGING

+1800-971-0016

Institute on Aging (IoA) provides online educational resources geared to enhance the quality of life for aging adults. Additionally, IoA hosts a 24-hour toll-free Friendship Line for people 60+ and adults living with disabilities. To access the Friendship Line, call +1 800-971-0016.

Website: www.ioaging.org

Juniper, a program of Trellis, is a network of community-based organizations and health systems that offers free and low-cost health classes.

Website: www.yourjuniper.org/

MNCHOICES

952-361-1999

Carver County Health & Human services uses the MnCHOICES assessment and support application system to determine eligibility for a wide variety of programs and services for individuals of all ages. MnCHOICES is a comprehensive web-based application that integrates assessment and support planning for Minnesotans who need long-term services and supports. MnCHOICES is for people of all ages who have any type of disability or need for long-term services and supports.

Contact the department's Information and Referral line at (952) 361-1999 to learn more or an email to HCBCIntake@co.carver.mn.us.

SMARTLINK DELIVERY

952-496-8341

All Carver County residents can order groceries and household essentials online from a store that has online shopping and local pick-up. SmartLink drivers will pick your order up and deliver to your house at no cost. Contact Customer Service at 952-496-8341 to schedule your free delivery service.

Website: www.metrocouncil.org/Transportation/Services/Transit-Link/Grocery-Delivery.aspx

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

651-486-9860

The Supplemental Nutrition Assistance Program (SNAP) helps low-income Minnesotans get the food they need for nutritious, well-balanced meals. Find the nearest SNAP outreach partner by calling the Minnesota Food Helpline at 651-486-9860 or contact the Community Action Partnership of Scott, Carver and Dakota Counties (CAP) at 952-402-9835 with help on an application.

Website: www.mn.gov/dhs/mnfoodhelper

THE HUMANITY ALLIANCE

612-799-1784

The Humanity Alliance offers free or freewill donation weekend meal delivery. Orders must be placed by the end of the day Monday to receive delivery on the following Friday.

Contact The Humanity Alliance by visiting their website below or by emailing hello@humanityalliance.org

Website: www.humanityalliance.org

VICTORIA FARMERS MARKET

952-474-3233

Victoria Farmers' Market on Thursday afternoons in the summer months. All goods sold at market are locally-grown or locally-made. Vendors offer fresh vegetables and fruits, meats, eggs, cheeses, artisan breads and sweet treats, honey and maple syrup, starter plants and flower bouquets, food trucks, & more. Follow the market Facebook page for weekly updates.

Website: www.facebook.com/VictoriaMNFarmersMarket/

FOOD SHELVES

Bountiful Baskets

1600 Bavaria Rd, Chaska, MN 55318 952-556-0244

www.bountifulbasketfoodshelf.org

People Reaching Out to People (PROP)

14700 Martin Drive Eden Prairie, MN 55344

952-442-3050

www.propfood.org

Southwest Carver County Food Shelf

10 First Avenue NE, Norwood Young America, MN, 55397

952-467-1870

www.southwestcarvercountyfoodshelf.com

Waconia United Food Shelf

11 S Elm St, Waconia, MN 55387

952-442-3878

www.waconiafoodshelf.org

HOME HEALTH & MAINTENANCE SERVICES

AARP – HOME FIT GUIDE / HOUSING RESOURCES

+1888-687-2277

AARP offers a variety of resources related to housing and home health care.

Website: www.aarp.org/home-garden/housing/info-01-2011/aarp_housing_resources.html

COMMUNITY ACTION PARTNERSHIP (CAP)

952-496-2125

The Community Action Partnership of Scott, Carver & Dakota Counties (CAP) assist with payment of energy bills, facilitates the repair or replacement of homeowners malfunctioning heating system and helps navigate the process of applying for financial assistance to prevent eviction.

Website: www.capagency.org

CYBER SENIORS

+1844-217-3057

Cyber-Seniors provides free technology support and training for senior citizens.

Website: www.cyberseniors.org

MNCHOICES

952-361-1999

Carver County Health & Human services uses the MnCHOICES assessment and support application system to determine eligibility for a wide variety of programs and services for individuals of all ages. MnCHOICES is a comprehensive web-based application that integrates assessment and support planning for Minnesotans who need long-term services and supports. MnCHOICES is for people of all ages who have any type of disability or need for long-term services and supports.

Contact the department's Information and Referral line at (952) 361-1999 to learn more or an email to HCBCIntake@co.carver.mn.us.

MN LIVE WELL AT HOME

Live Well at Home educates and prepares older Minnesotans and veterans on the best options to live well longer in their own homes. Learn more about available resources, like the Live Well at Home Resource Quiz and creating a success plan by visiting the Live Well at Home website.

Website: www.mn.gov/dhs/live-well

SENIORS HELPING SENIORS

+1800-677-1116

Seniors Helping Seniors® pairs those who need assistance with fellow seniors. Assistance services provided includes light housekeeping, cooking, shopping, companionship, yard work and small repairs.

Website: www.seniorshelpingseniors.com

SENIOR LINKAGE LINE

+1800-333-2433

The Senior Linkage Link connect seniors with services provided by a local agency on aging, or other public or nonprofit agencies, as well as for profit companies. Fees vary by service and location, but some may be free or offered on a sliding scale, depending on income.

Website: www.mn.gov/senior-linkage-line

SENIOR PLANET

+1888-713-3495

Senior Planet's courses help our participants and members find new ways to live and thrive in today's digital society.

Website: www.seniorplanet.org

HOUSING

BETHESDA CORNERSTONE VILLAGE

855-466-3188

Bethesda Cornerstone Village is a place where people aged 55 and better can live in joy, comfort and camaraderie, all in maintenance-free home. Bethesda offers one-and-two bedroom rental apartments as well as rental ranch-style townhomes. Address: 1519 82nd St, Victoria, MN 55386

Website: www.bethesdacornerstonevillage.org

CARVER COUNTY COMMUNITY DEVELOPMENT AGENCY (CDA)

952-448-7715

Carver County Community Development Agency (CDA) provides affordable housing opportunities for residents throughout the County including over 600 rental units for working families and seniors. Additionally, the CDA administers several rental assistance programs to programs to help residents find affordable rental housing.

Website: www.carvercda.org

EMERALD CREST MEMORY CARE VICTORIA

952-856-7510

Victoria Emerald Crest by Augustana Care is a memory care assisted living facility located at 8150 Bavaria Road, Victoria, MN 55386.

Website: www.eldercare.acl.gov

Housing Benefits 101 (HB101) helps people who need affordable housing, and supports to maintain that housing, understand the range of housing options and support services available.

Website: www.mn.hb101.org

TWIN CITIES SENIOR HOUSING GUIDE

The Twin Cities Senior Housing Guide offers information on resources and services that can help you remain in your home or research future housing opportunities.

Website: www.seniorhousingguide.us

LIFE-LONG LEARNING & RECREATION

View below local and regional life-long learning opportunities, and recreational programs and events.

Carver County Historical Society

555 1st Street West, Waconia, MN 55387

952-442-4234

www.carvercountyhistoricalsociety.org

Carver County Library: Victoria Branch

1670 Stieger Lake Lane, Victoria, MN 55386

952-442-3050

www.carverlib.org

Carver County Parks & Recreation

952-466-5250

www.co.carver.mn.us/departments/public-works/parks-recreation

Community Education: Eastern Carver County Schools

952-556-6400

www.ce4all.org

Community Education: Minnetonka Public Schools

952-401-6800

<https://www.minnetonkaschools.org/district/mcec>

Community Education: Waconia Public Schools

952-442-0610

<https://isd110.org/community-education-0>

Minnesota Landscape Arboretum

612-624-2200

www.arb.umn.edu

Ridgeview Medical

500 S. Maple St. Waconia, MN 55387

952-442-2191

www.ridgeviewmedical.org

Three Rivers Park District

763-559-9000

www.threeriversparks.org

Three Rivers Park District: Carver Park Preserve

7400 Grimm Road, Victoria, MN 55386

763-694-7650

www.threeriversparks.org

University of MN Extension Service

612-624-1222

www.extension.umn.edu

Victoria Recreation Center

952-443-4255

www.ci.victoria.mn.us

MEDICAL SUPPLIES & EQUIPMENT

MINNESOTA STAR PROGRAM

651-201-2640

A System of Technology to Achieve Results (STAR) is located within the Minnesota Department of Administration. STAR's mission is to help all Minnesotans with disabilities gain access to and acquire the assistive technology they need to live, learn, work and play.

Website: www.mn.gov/admin/star

TRANSPORTATION

SOUTHWEST PRIME

952-797-7463

SW Prime offers on-demand rides for Chaska, Chanhassen, Carver, Victoria and Eden Prairie from 6:30 am-7:00 pm on weekdays. SW Prime rides are reserved for essential trips only until further notice.

Website: www.swtransit.org

SOUTHWEST PRIME MD

952-797-7463

SW Prime MD provides non-emergency medical transportation to any medical facility in Eden Prairie, Chanhassen, Chaska, Carver, and Victoria. Ridgeview facilities in Waconia and Excelsior, as well as medical facilities in select areas of Minnetonka and Edina, are also included in SW Prime MD's service area. Riders may be picked up and dropped off in Eden Prairie, Chanhassen, Chaska, Carver, and Victoria.

Website: www.swtransit.org

WECAB

+1844-743-3932

WeCAB is a network of volunteers who provide safe, affordable and flexible supplemental transportation for medical appts, groceries, social events, etc. Service area includes Carver County, Westonka, Minnetrista, Mound, Navarre, Spring Park, St. Bonifacius, and Maple Plain.

Website: www.wecab.org

VETERANS

CARVER COUNTY VETERANS SERVICES

952-442-2323

The County Veteran Service Officers of Minnesota are here to ensure that all Veterans, their families and survivors receive all of the benefits and services they so well deserve for the hardships they have endured.

Website: <https://www.co.carver.mn.us/departments/public-services/veteran-services>

The Minnesota Department of Veterans Affairs (MDVA) is a cabinet level state agency dedicated to serving Veterans and their families by assisting them in securing state and federal benefits, and by providing programs and services relating to higher education, benefits, burial, claims, outreach and Veterans preference.

Website: www.mn.gov/mdva/

The Department of Veterans Affairs runs programs benefiting veterans and members of their families. It offers education opportunities and rehabilitation services and provides compensation payments for disabilities or death related to military service, home loan guaranties, pensions, burials, and health care that includes the services of nursing homes, clinics, and medical centers.

Website: www.va.gov

VOLUNTEERING

The City of Victoria encourages public participation in an effort to build a sense of community. Volunteer opportunities exist for individuals and groups, at different age levels, from a few hours to years of service.

More information about volunteer opportunities in Victoria and the surrounding community by visiting the City of Victoria website, clicking 'Residents', then 'Volunteer Victoria'.

Website: www.ci.victoria.mn.us/476/Volunteer-Victoria

Senior_Resource_Guide

Final Audit Report

2021-10-11

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|-----------------|----------------------------------------------|
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