

 INDICATES IN-PERSON CLASS
 INDICATES VIRTUAL CLASS

** NO CLASS 8/1-9/4



Victoria Recreation Center

GROUP FITNESS SCHEDULE



SUMMER SCHEDULE: JUNE 13-SEPTEMBER 4

Register to attend virtual fitness classes at least 24-hours in advance, register at www.ci.victoria.mn.us/registration

MONDAYS

PIYO SCULPT
6:00-6:55 AM



Leanne

STRENGTH
8:15-9:05 AM



Mandy

TUESDAYS

BOOT CAMP
5:45-6:35 AM



Mandy

CORE & MORE **
8:00-8:45 AM



Michelle

PIYO SCULPT
8:15-9:05 AM



Leanne

FUNCTIONAL FITNESS
9:15-10:00 AM



Leanne

LUNCHTIME BLAST **
12:15-12:45 PM



Paula

WEDNESDAYS

STRENGTH
5:45-6:35 AM



Mandy

BOOT CAMP
8:15-9:05 AM



Mandy

THURSDAYS

BOOT CAMP
5:45-6:35 AM



Leanne

CORE & MORE **
8:00-8:45 AM



Michelle

KETTLEBELLS
8:15-9:05 AM



Leanne

CARDIO DRUMMING
9:15-10:00 AM



Leanne

FRIDAYS

CIRCUIT
5:45-6:35 AM



Mandy

STRENGTH BLAST
8:15-9:05 AM



Mandy

SATURDAYS

**TOTAL BODY
CONDITIONING**
8:00-9:00 AM



Rotation

MORE INFO AT WWW.CI.VICTORIA.MN.US/GROUPFITNESS